

# September 2022 Newsletter

No. 6

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## Viking Manor Friends and Family

Hello there! September is here, and Fall is approaching!

Would like to share some Viking Manor History with you. On September 21, 1964, the citizens of Ulen passed a vote for the construction of a 44-bed nursing home. Our first Administrator was appointed September 1, 1965. Our first resident was admitted in January 1966. Viking Manor has been here now for 57 years 😊 with many more additions throughout those years. We sure appreciate all the ongoing support from our community in helping us make our home a such a great place. We continue to be the "Home with a Heart". We are very thankful for our employees, residents, families, and friends. Hope you have a wonderful September!

Jessie Lunde-Burnside, Administrator

*HAPPY  
BIRTHDAY!*

—  
**Marvin C. – Sept 3<sup>rd</sup>**

**Sig S. – Sept 7<sup>th</sup>**

**Luella O. – Sept 16<sup>th</sup>**

**Marlo G. – Sept 19<sup>th</sup>**

**Emelyn F. – Sept 20<sup>th</sup>**

**Elsie J. – Sept 24<sup>th</sup>**

**Gisle H. – Sept 27<sup>th</sup>**

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*Celebrate with us!*

# September Resident of the Month

## Kathryn Fuglie Nelson

Kathryn Nelson was born on January 30, 1922, which makes her 100 Years Old! One of the oldest resident in Viking Manor. Kathryn has been a lifelong resident of Ulen. Orlyn and Kathryn were married on January 13, 1944, while Orlyn was home on leave. Orlyn returned to the war and Kathryn worked at Henry Gibson's grocery store, saving up their paychecks so they could purchase their farm. They have 4 children, Donald, Joyce, Joy, and Douglas. Kathryn dedicated her life to her family, being the best mom ever, caring for her invalid daughter Joyce, helping on the farm, raising a huge garden, and sewing many articles of clothing. One of the most impressive talents of this fine lady was her creativity. She enjoyed sewing dozens of quilts, creating beautiful pieces of Hardanger, painting many Rosemaling pieces, cooking and baking delicious food for her family and friends, and becoming an expert at crosswords. Kathryn is a lifelong member and very active in Bethlehem Lutheran Church, taking part in all the women's activities, singing in the choir, serving many weddings and funerals, and working with the quilters until recently. Orlyn & Kathryn enjoyed traveling, and spent time in Norway, Colorado visiting Donald, & Arizona visiting relatives. After Orlyn's death, Kathryn enjoyed traveling with her sister Janice. Kathryn lived in her own house until 5 years ago, and was mowing the lawn at age 93, at which time she gave it up. but still planted her garden and drove her Buick Park Avenue!



We Congratulate you Kathryn  
on being Viking Manor's  
September Resident  
of the month, we sure enjoy  
you here with us!!

*Written by: Nelson Family*

# We Congratulate: Mandy Hamernik- on 20 Years!!



On September 26<sup>th</sup> Mandy will be with our team for 20 years! We are very thankful for all that Mandy has contributed and continues to share with our Viking Manor team, Mandy is a wonderful warm hearted ❤️ caregiver. We sure appreciate her hard work and dedication she gives to us each day! We will be holding a celebration for her with our residents & staff at the end of the month :)

**Congrats Mandy on this accomplishment,**

**Heres to another 20 years 😊!**





### September Events Corner:

- September 5<sup>th</sup>: Labor Day
- September 9<sup>th</sup>: National Teddy Bear Day
- September 11<sup>th</sup>: National Grandparents Day
- September 26<sup>th</sup>: National Pancake Day  
National Family Day

Our September "Activity Schedule" is posted on our website under Activity tab if you would like to see more of our events & dates 😊. We have fun events planned for the month: a shopping trip, tour of dairy barn and a drive to check on the crops!

Thank you!  
Deb Walton, Activity Director

### Social Services News:



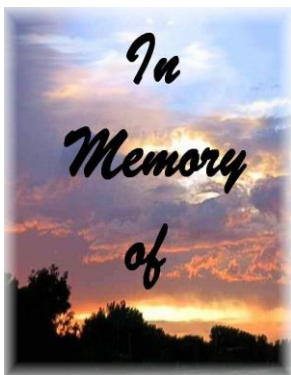
September

Welcome to the beautiful month of September, where I always feel we get to enjoy the best of both worlds with cool, crisp mornings and beautifully warm afternoons! It always feels as if the end of summer and kick off to fall starts with Labor Day weekend. Labor Day originated in the 1800's to symbolize the "working-man's holiday" to give industrial workers a day off. For some it is a time to shut down the lake places, others to enjoy one last weekend before school starts, and for some of us it is a working day (especially healthcare workers, thank you to all of my coworkers!).



**Minnesota Fun Fact:** The Honeycrisp Apple was created in 1960 at the University of Minnesota through apple cross-breeding and released in 1991. Honeycrisp cells are twice the size of most other apples, resulting in its signature, addictive crunch. If you have a producing apple tree this year, it is soon time to harvest the delicious fruit! Honeycrisp apples are my personal favorite, what's yours?

Caitlin Halvorson, SSD



We extend our love and sympathy to the family and friends of:

*Darlene Braseth & Robert Hanson*

It was a privilege to know, love and care for them at Viking Manor. They will be greatly missed by all of us!



Check out our facebook page to see fun pictures!